

Costa Mesa Tennis Center

Register at the Costa Mesa Tennis Center Visit costamesatenniscenter.com for all activities Information (714) 557-0211



Session Dates 2013

February 4 - March 11 April 1 - May 6 May 20 - June 24 Once a week for 6 weeks

Pee Wee: Ages 4-6 \$40 per session Junior: Ages 7-14 \$70 per session Adult: Ages 15+ \$70 per session

Beginning Pee Wee

Age: 4-6 Red Ball M, W 3:30 - 4:00 pm

Introduce your child to tennis. This program focuses on coordination. Focus on movement, balance skills, and eye-hand coordination.

Advanced Pee Wee

Age: 4-6 Red Ball T, Th 3:30 - 4:00 pm

A program of movement, balance, coordination and motor skills. Focus on rallying.

Jr. Beginner

Age: 6-10 Orange Ball M, W 4:00 - 5:00 pm Age: 11-16 Yellow Ball W 5:00 - 6:00 pm

Players will learn how to initiate a rally, how to move and judge a ball. Learn to control the racquet at the contact point and control the height, depth, and direction of ball.

Jr. Advance Beginner

Age: 6-10 Green Ball T,Th 4:00 -5:00 pm Age: 11-14 Yellow Ball Th 5:00 -6:00 pm

Players, by the end of the month, will be able to play tennis and use a full or abbreviated serving motion. Focus on movement to ensure good positioning and balance for each shot.

Jr. Intermediate

Age: 11-14 Yellow Ball M 5:00-6:00 pm Players will learn the basics of tactical play in both singles and doubles. Players will be introduced to topspin and will learn how to differentiate between a volley action and a ground stroke action. A variety of serve progressions will be taught and return of serve will be covered in each class

Adult Beginner

M, W 6:00 - 7:00 pm

Prerequisites: None. This player is new to tennis or has limited playing experience.

Description: Learn basic grips, strokes and scoring. NTRP level 2.0/2.5

Adult Adv. Beginner

<u>T,Th 6:00 - 7:00 pm</u>

Prerequisites: This player has more dependable strokes – able to hit forehand, backhand, volley, serve and keep score.

Description: Learn overheads, lobs, control and consistency. NTRP level 3.0/3.5

Adult Intermediate

M,T,W 6:00 - 7:00 pm

Prerequisites: Advanced Beginners or equivalent. Can rally and serve well in match situations.

Description: Learn strategy and placement. NTRP 3.5

Adult Advanced

M, T, W, Th 7:00 - 8:00 pm

Prerequisites: Intermediate or equivalent.

Description: For experienced players with focus on conditioning, drills, and match play to improve consistency around which a game can be structured.

Additional Information

Attire: Wear athletic attire and non-marking tennis shoes (no running shoes).

Bring: Tennis racquet (instructor provides tennis balls).

Weather: If the courts are wet at time of class, the class will be canceled and made up per instructor's availability.

Make-up Classes: No make-up classes for missed by student; fees are not prorated.

Private Lessons: Private and semi-private lessons (1-2 students, all ages and levels) are available in 30 minute and 1 hour increments. Date and times arranged with instructor.

Hours -

MonThurs.	8:00 am - 9:00 pm
Fri.	8:00 am - 7:00 pm
Sat. & Sun.	8:00 am - 5:00 pm

Court Fees

\$6/hr	M - F	8:00 am - 4:00 pm
\$10/hr	M - F	4:00 pm - 9:00 pm
\$10/hr	Sa - Su	8:00 am - 5:00 pm

— Drop-In Tennis Classes — Adult Cardio

T 6:00-7:00 pm \$10/hr. F 8:00-9:00 am \$10/hr.

—— 32nd Annual—— High School Workshop

Saturday, February 23, 2013 9 am - 12 pm

Boy Players & Coaches

\$15 per player Coaches free

— USTA Mens Pro Futures – \$15.000

Costa Mesa Tennis Center

March 18 - 24, 2013

Come out and watch the upcoming TOP PROS!

USTA Jr. Team Tennis —

Sign-up February 14 and Under

– Men's Night –

Wednesday Evenings 14 and Under

> 7-9 pm \$8 per player



CALL & RESERVE

SPECIAL RATES for ball machine club